

# SERMON REFLECTIONS

## Sanctifying Grace Frees Us To Live For God

Romans 7:7-25 | 12 March 2023 | Rev Dr Aaron Tay

### Reflection Questions

1. **Read Romans 7. Let me highlight these 4 verses:**

*<sup>19</sup> For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. <sup>20</sup> Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.*

*<sup>24</sup> What a wretched man I am! Who will rescue me from this body that is subject to death? <sup>25</sup> Thanks be to God, who delivers me through Jesus Christ our Lord!*

Have you (or someone you know) experienced verses 19 and 20? What did you (or he/she) do as a result?

Verse 25 says that Jesus Christ will deliver us from such a wretched position – have you (or someone you know) experienced such a deliverance from the power of sin in a specific situation? Please share.

2. *"Just learning God's Word and not obeying it is actually very foolish – it is like knowing the right decision to make and still make a wrong choice."*

**Do you agree with this statement? If so, can you share an illustration/an experience from your life (whether at home, workplace, or recreational facility, etc) to substantiate the**

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To be disciples of Jesus Christ

**Our Mission**

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**reality of this statement. Share also how learning and obeying God's Word has blessed you, and others through you.**

3. Sin derives its power from our sinful nature and the world (the world here means the worldly belief systems that have been influenced by satan and man's sinful natures. It is also the godly values and actions of sinful men.)

**How is it evident in your life or the lives of people you know?**

4. *"If we Belong and Build Relationships within the Body of Christ, we are able to fight off the effects of the Power of Sin."*

**Have you seen this truth realized before? Has the Body of Christ helped you in any way to overcome the Power of Sin?**

5. There are many other Means of Grace which the Lord has provided for us, besides the three taught in Romans 6 and 7. What areas of means of grace would you want to be **equipped/trained** in in the next 12 months and why?

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