

REFLECTION QUESTIONS

Holy Time: Holidays Are Divine Blessings For us, For God!

Leviticus 23 | 14 August 2022 | Rev Dr Aaron Tay

Reflection Questions

1. Please read Leviticus 23 as a DG. Are there any truths from this passage that speak to you? Please share.
2. Time means differently to different people. A businessman might say – “time is money” because the longer the opening hours, the more money he could potentially make. One who considers time philosophically might comment that “nothing ever changes – what was, what is and what will be are the same.”
A typical Singaporean might say – “I am so busy, I have no time.”

What does time mean to you? There are several ways you can answer this question. I would like you to at least answer this question in 2 ways. The first way is to answer it in whatever perspectives you want – philosophically, practically, ideally (that is, if you have a lot of time to do what you want), etc.

Secondly, I would want you to answer this question spiritually – what do you think God wants us to believe/act with our time?

Our Vision

To be disciples of Jesus Christ

Our Mission

We exist to make disciples who love God, love one another and love the lost



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3. In order to make time holy, the first thing we can do is to Remember/Recount (tell the next generation) the Past of God's Power and Faithfulness.

The purpose of Remembering is that it

- Reminds us of our Identity in God – **We are loved by Him**
- Releases feelings of Gratitude in our hearts – **Let's thank Him for He has blessed/ helped us before**
- Raises up Faith in our spirits – **He can bless/help us again!**

Share with your group an experience you had of God's power and faithfulness in your life (not necessarily your testimony of coming to faith in Christ).

“Homework”– in the next 7 days, take time to **recount** and share your testimony with a young person (your child, nephew, niece, grandchild, god-child, friend's child, spiritual child, etc), especially sharing why Jesus is important to you.

4. Even as God Himself rested on the 7th day after creation, it is essential for us to rest. Medical science has also informed us of the necessity of rest for our bodies.

Share within smaller groups of 3s how you will feel most rested. What would you do if you have 1 day or a few days in order to experience complete rest and replenishment for your body and soul? How often do you experience a good rest?

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5. To grow in our spirituality and relationship with our Lord Jesus, it is important to **reflect on the present of God's Presence in our life**. One thing we can do is to regularly review the week that has just past:
- Identify the major events – spiritual practices, meals, appointments, interactions with others, significant events at work
 - Reflect on each event – notice where God seemed to be loving you, blessing you, protected you, speaking to you, guiding you, or showing you something new about Himself

Take some time to be in silence as you reflect on one major event in the past week, and consider how the Lord has been working in your life. After the reflection, do share with your DG.

6. In order to explore our own heart, to know ourselves better, we can see what God is doing in our soul by asking these questions
- What are my deepest feelings and longings ?
 - What do I need to confess to God ?
 - In what areas of life do I need God the most ?
 - What purpose does God have for my life ?

Again, take a few moments of silence as you ask your soul one or more of these questions.

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These questions are very personal, so perhaps it would not be comfortable for you to share with your group. But if you are comfortable with one or two of these questions, do share with your group.

In any case, please bring home these questions and use them regularly in your journey of faith.

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