

SERMON REFLECTIONS

One Thing I Do

Philippians 3:13-14 | 24 August 2025 | Rev Dr Aaron Tay

Reflection Questions

1. Read Philippians 3 aloud (perhaps 3 verses per DG member).
Did the Lord impress any truths, blessings, promises, commandments, or/and warnings (it could have been mentioned during the sermon) from this chapter of God's Word to you? Please share.

2. "But **one thing I do**: ..."

In our lives, we have done many things .. what are things which you have done:

- Which are important to you (any one thing you consider to be the most important in your life?)
- Which you spend a lot of time doing but you know is not so important

What are the things which the Bible teaches as important things we must do? [May we prioritize the time to do that which we know the Bible teaches are important things to do.]

3. "Forgetting what is behind ..."

i. What do you consider to be your strengths and past achievements?

For apostle Paul in Philippians 3, there are four areas he was proud of "but whatever were gains to me I now consider loss for the sake of Christ": great lineage, abilities, passion, reputation. Does God truly want us to forget and give up all which are very good in us? If not, what do you think He wants us to do with our lineage, abilities, passion and reputation, and other strengths/achievements?

Our Vision

To be disciples of Jesus Christ

Our Mission

To make disciples who love God, love one another and love the lost



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- ii. What could be the sins or failures that Christians in Singapore generally struggle with?

Let's pray in smaller groups for the Lord to strengthen us (and our congregation members) in these areas of temptations/sins. Also pray against these sins to take root in our community of faith – DG, Ministry, Church.

- 4. “and straining toward what is ahead, ...”

Paul says (in verses 10-11) he wanted to:

- i. Know Christ
- ii. Know (live in) the power of the resurrection of Christ
- iii. Know (experience) the fellowship of His suffering

Discuss how/what we can do with regards to the above three “knows”.

Discuss why it is important that we know Christ in all three aspects (rather than just 1 or 2 areas) as Paul had written.

- 5. Extra question: discuss the significance of the three names of God's people (before Christ established the church) – Hebrew, Israelite, Jew.

What could it mean for the people of God in the Old Testament. Does it have any impact for us spiritually? What can we learn from these three names for us?

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