



8 April 2020

"¹The LORD is my light and my salvation; whom shall I fear? The LORD is the defense of my life; whom shall I dread? ²When evildoers came upon me to devour my flesh, my adversaries and my enemies, they stumbled and fell. ³Though a host encamp against me, my heart will not fear; though war arise against me, in spite of this I shall be confident." (Psalm 27:1-3 NASB)

There are many reasons why each of us might experience fear in this season. We might feel overwhelmed or unsure of what to do. We can be afraid for our own health and safety, for our family members and those whom we love. Some are also uncertain about their job security and have fears for their livelihoods. Yet, as David learned, we too can be delivered from fear by focusing and depending on the Lord.

David had many opportunities to be afraid. As a boy, he faced attacks from wild animals. As a young man, he confronted the giant, Goliath, and the armies of Israel's enemies.

Then David faced the wrath of King Saul, who came to view him as a rival to be eliminated. But, in every situation, David found that he could trust in the Lord and that this trust took away his fears.

David declared that he realized God was his light and salvation. This means that the Lord gives us the right perspective on life. We don't need to fear sickness or opposition, personal problems or uncertainties. We don't need to be afraid if we make mistakes, have weaknesses, or don't know what to do.

As we trust in the Lord, He will light our path and provide everything we need. If we focus on Him instead of the present circumstances around us, He will give us strength and take away our fears.

Is there any fear in your life? Look to God. Meditate on His promises and confess them as true.

Trust in Him. Let Him be your light and salvation. Make Him your stronghold. You can be safe and secure in Him.

**In His Love,
Tim Yong**

Prayer: Father, You are my light, my salvation, and the stronghold of my life. I will not fear, no matter what happens. I trust in You completely. Thank You. In Jesus' name. Amen.